

Playing age group is determined by the month and year in which your child is born. Age groups are listed as U-5 or Under 5 if your child is 4 years old as of July 31, 2023, or U-10 (under 10) if your child is 9 years old as of July 31, 2023 etc.

Age Groups for 2023-2024 Playing Year												
Year	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
	1	2	3	4	5	6	7	8	9	10	11	12
2019	U-5	U-5	U-5	U-5	U-5	U-5	U-5	-----Too young to play-----				
2018	U-6	U-6	U-6	U-6	U-6	U-6	U-6	U-5	U-5	U-5	U-5	U-5
2017	U-7	U-7	U-7	U-7	U-7	U-7	U-7	U-6	U-6	U-6	U-6	U-6
2016	U-8	U-8	U-8	U-8	U-8	U-8	U-8	U-7	U-7	U-7	U-7	U-7
2015	U-9	U-9	U-9	U-9	U-9	U-9	U-9	U-8	U-8	U-8	U-8	U-8
2014	U-10	U-10	U-10	U-10	U-10	U-10	U-10	U-9	U-9	U-9	U-9	U-9
2013	U-11	U-11	U-11	U-11	U-11	U-11	U-11	U-10	U-10	U-10	U-10	U-10
2012	U-12	U-12	U-12	U-12	U-12	U-12	U-12	U-11	U-11	U-11	U-11	U-11
2011	U-13	U-13	U-13	U-13	U-13	U-13	U-13	U-12	U-12	U-12	U-12	U-12
2010	U-14	U-14	U-14	U-14	U-14	U-14	U-14	U-13	U-13	U-13	U-13	U-13
2009	←-----Girls Only U16-----							U-14	U-14	U-14	U-14	U-14
2008	←-----Girls Only U16----->											
2007	←-----Girls Only U18-----							-----Girls Only U16----->				
2006	←-----Girls Only U18----->											
2005	-----Too old to play Impact United Recreation-----							-----Girls Only U18----->				